

2008 Safety Meeting Topic List

These are the safety meeting topics offered by the M.E.C.A. safety instructors for the 2008 calendar year based on regulatory agencies policies and Federated Insurance Exchange recommendations to METS Pool. The time needed for each subject will depend on class size and participation. If you need help choosing topics please contact the instructor for the topics in question. If you do not see a topic but would like training on that subject the instructors can develop training as needed with enough lead time.

<u>Instructor</u>	<u>Required Frequency</u>
-------------------	---------------------------

Johnnie Stanton: jstantonslc@earthlink.net 406-868-5782

- | | |
|---|-----------------|
| 1. Mayday Protocol | Annual |
| 2. Hazardous Energy Control/LOTO | Annual |
| 3. Pole Top/Aerial Device Rescue | Annual |
| 4. Chains and Slings, Use and Inspection | Annual |
| 5. P.P.E./Hazard Assessment | Annual |
| 6. Confined Space Rescue | Annual |
| a. (if confined spaces are present in workplace) | |
| 7. Digger Derrick/Aerial Device Training | Periodic |
| a. Annually training required if employee has not operated equipment within past twelve months. | |
| 8. Accident Investigation | Periodic |
| 9. Use, Care and Inspection of Rubber Goods | Periodic |
| 10. In Field Safety Observation | Annual |
| 11. Live Line Tool Testing | Every Two Years |
| 12. Personal Protective Grounds Testing | Annual |
| 13. Live Line Tool Maintenance | Periodic |
| 14. Transformer Connections/Components | Periodic |
| 15. Voltage Regulator Components/Safety | Periodic |
| 16. Body Belts and Climbers | Periodic |
| 17. The Electrical System (apprentices) | Periodic |
| 18. Nominal Voltage Determination | Periodic |
| 19. Safety Attitudes | Periodic |
| 20. Complacencies In The Workplace | Periodic |

21. Safety Committees	Periodic (annual review recommended)
22. Meter Safety	Periodic
23. Splices and Conductor Connections	Periodic
24. Stray Voltage	Periodic
25. Fall Protection	Periodic
26. Electrical Burns Prevention and Treatment	Periodic
27. OSHA 1910.269	Initial/Periodic/Annual
28. Pre/Post Trip Equipment Inspections	Periodic
29. Winter Survival	Periodic
30. Equipotential Bonding	Periodic
31. OSHA Electrical Subpart "S"	Periodic
32. D.O.T. Load Securement	Periodic
33. RESAP Accreditation Training	As Needed
34. Lineman Safety Jeopardy	As Needed
35. Work Ethics	Periodic
36. Job Briefings	Periodic
37. Supervisor/Management Responsibilities and Liabilities	Periodic
38. Underground Distribution Safety	Periodic
39. Hydraulic Reclosers	Periodic
40. Operating Procedures for Two-Way Radios	Periodic
41. Safety Audits	Periodic
42. Substation Safety	Periodic
43. Coverup Basic Skills Workshop	Periodic
44. PCB Management in the Field	Periodic
45. Occupational Stress	Wellness
46. High Voltage Discussion and Pictures (Graphic)	Wellness

Art King: akingslc@earthlink.net 406-868-5789

1. Fire Extinguisher Use/Fire Emerg. Action Plan **Annual**
2. Flammable/Combustible Materials Handling **Annual**
3. Confined Space Entry **Annual**
4. First Aid/CPR/Bloodborne Pathogens, AED **Annual**
5. Hearing Conservation **Annual**
6. Hearing Tests **Annual**
7. Personal Grounds Testing **Annual**
8. Live Line Tool Testing **Annual**
9. Hazard Communication **Annual**

10. Annual Compliance Review

- a. This is a review of the above annually required topics presented in an interactive question and answer format.
- 11. Flagger Certification/ Traffic Control 3 Years
- 12. Fork Lift Operator Certification 2 Years
- 13. Reasonable Suspicion Training Periodic
 - a. Drug/Alcohol Use Recognition
- 14. Trenching and Shoring (Excavations) Periodic
- 15. P.P.E., Hazard Assessment Periodic
- 16. Hazard Recognition Periodic
- 17. Ladder Safety Periodic
- 18. Machine Guarding Periodic
- 19. Walking/working Surfaces. Periodic
- 21. ATV Safety Periodic
- 22. Hanta Virus Exposure Periodic
- 23. Lead Exposure Periodic
- 24. Back Safety and Safe Lifting Practices Wellness
- 25. Cold Weather Exposure Wellness
- 26. Hot Weather Exposure Wellness
- 27. Lyme Disease/Rocky Mountain Fever Wellness
- 28. Skin Cancer Prevention Wellness
- 29. Stress Management Wellness
- 30. West Nile Virus Protection Wellness
- 31. Work Place Violence Wellness
- 32. Spider Bites Wellness
- 33. Defensive Driving Wellness
 - a. Coaching the Utility Truck Driver
 - b. Coaching the Experienced Driver
- 34. Seatbelt Use Wellness
- 35. Home Electrical and Fire Safety Wellness

Gordon McConkey: gmconkeyslc@earthlink.net 406-868-0632

- 1. Hazardous Energy Control/LOTO Annual
- 2. Pole Top/Aerial Device Rescue Annual
- 3. Chains and Slings, Use and Inspection Annual
- 4. P.P.E./Hazard Assessment Annual
- 5. In-Field Safety Observation Annual
- 6. Personal Protective Grounds Testing Annual

7. Live Line Tool Testing	Annual
8. Confined Space Rescue	Annual
9. Truck Grounding	Periodic
10. Use, Care and Inspection of Rubber Goods	Periodic
11. Live Line Tool Maintenance	Periodic
12. Transformer Connections/Components	Periodic
13. Voltage Regulator Components/Safety	Periodic
14. Body Belts and Climbers	Periodic
15. Nominal Voltage Determination	Periodic
16. Meter Safety	Periodic
17. Splices and Conductor Connections	Periodic
18. Stray Voltage	Periodic
19. Fall Protection	Periodic
20. Electrical Burns Prevention and Treatment	Periodic
21. OSHA 1910.269	Initial/Periodic/Annual
22. Equipotential Bonding	Periodic
23. D.O.T. Load Securement	Periodic
24. Commercial Vehicle Inspection	Periodic
25. Job Briefings	Periodic
26. URD Specifications and Inspections	Periodic
27. Trenching Safety	Periodic
28. Substation Safety	Periodic
29. Hydraulic Reclosers	Periodic
30. Truck Grounding	Periodic
31. Grounding of Overhead Lines	Periodic
32. Grounding Procedures	Periodic
33. Slips, Trips, and Falls	Periodic
34. Safety vs. Risk Assessment	Periodic
35. Hazard Recognition	Periodic
36. Dog Bite Prevention	Periodic
37. Accident Investigation	Periodic
38. Violence in the Workplace	Periodic